

DISTRICT 5M11 NEWSLETTER

<https://www.lionsdistrict5m11.org/newsletters>

Newsletter Editor:

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Jan/Feb 2026 Volume
Vol 7, Issue 4



FROM THE DESK OF DG JAN NAZARKO:

Our convention has come and gone. Thank you to all who attended. This year, even Mother Nature cooperated and we had no inclement weather. It was cold, though and I appreciated all of you who braved the cold and came.

We had some great speakers, and they taught us all something. ID Deb Dawson was wonderful. So down to earth in her talks. She used personal experiences to show us what Lionism is all about.

Thank you for all the items for the Service Project. They were distributed among many places including drop-in centers and Food banks. Thank you for your generosity.

Soon it will be election time for your clubs. Your election committee should be working on this already so that your club can vote in early April and send off your 2026-2027 names to LCI.

Please share the information on the increase in dues with your clubs. If you need any help, please do not be afraid to contact me or LCI for advice.



Please keep looking for new members for your clubs. Some of you have increased your membership and thank you for that. Remember to listen to your new members and their ideas. Let them take the lead on a project, guide, but be kind. Give advice if asked, but do not try to take over the project. Lions are inclusive, so invite someone to join you on your Lion journey today. We want as many people as possible to be a part of what we build and the good that we do. Together, we will strengthen

our organization, the communities we share, and ourselves. From IP AP Singh.

If you have not booked your District Governor visit as of yet, please do so. I would like to visit your club.

Thank you.

DG Lion Jan

A message from VDG Gord Zeglinski

Fellow Lions,

I can't believe it's been nearly a month since our mid-winter convention. I hope everyone that attended had as great a time as I did.

Just as this last month sped by, so did the mid-winter convention. I enjoyed catching up with old friends and getting to know new friends. I missed those who I did not get a chance to catch up with. I thoroughly enjoyed getting to know the planning committee for the 2027 mid-winterconvention.

This year is speeding by! We have several positions on the cabinet open. I would encourage everyone to put some thought into expanding their role in the Lions family. You really do learn a lot from leadership positions that you can apply to the rest of your life.

Going forward, I will continue to do my best to balance the demands of work, family and service. I look forward to meeting and learning from you in the coming year.

VDG Gord



2nd VDG David Klemz

Hello 5M11 Lions!

2nd VDG David



Team Sheehan Charitable Foundation

Team Sheehan Foundation:

Donations to the Team Sheehan Charitable foundation stay within the MD5M multiple district.

Matching grants of up to \$3000 are distributed every three months. Apply now to be considered for the next grant cycle. You can go to the Team Sheehan Foundation website to get an application for a grant.

The Foundation also welcomes donations from the club level or individual Lions members.

CONSIDER SUPPORTING YOUR FOUNDATION TODAY!

The website for the foundation is <https://teamsheehan.foundation/>



TEAM Sheehan
CHARITABLE FOUNDATION

Together Everyone Achieves More

LCIF

(Lions Clubs International Foundation)

The Lions Clubs International Foundation (LCIF) is the charitable arm of Lions Clubs International, providing grant funding to empower Lions and Leos in their humanitarian service projects worldwide. Founded in 1968, LCIF has awarded more than **US\$1.3 billion** through over 20,000 grants.

Why give to LCIF?

LCIF transforms generosity into action worldwide by funding humanitarian grants to improve health and well-being, strengthen communities and support those in need.

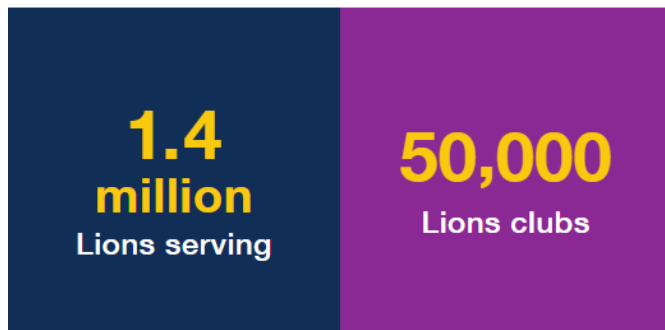
To donate to LCIF, follow the link:

<https://www.lionsclubs.org/en/donate>

(**Editor's note:** If a person donates \$50 or more to LCIF, they will receive a special pin from Lions International)



Making a global impact



Note above: There are 1000 more clubs than when our previous newsletter was published!



INVITE A PROGRAM CHAIR TO SPEAK AT YOUR CLUB

IS YOUR CLUB INTERESTED IN LEARNING MORE ABOUT WHAT LIONS DO? WHAT ARE THESE PLACES WE DONATE TO AND WHAT DO THEY DO? WHAT IS A LEADER DOG VS A CAN DO CANINE? WHAT ABOUT GUIDE DOGS CANADA? WHY DO WE SUPPORT VISION, HEARING, YOUTH, DIABETES & CHILDHOOD CANCER? WHAT IS KIDSIGHT AND PROJECT NEW HOPE?

THE DISTRICT CABINET HAS CHAIRS AND CO-CHAIRS FOR THESE AND OTHER POSITIONS. CONTACT INFORMATION IS ON THE DISTRICT WEBSITE:

<https://www.lionsdistrict5m11.org/cabinetmembers>



SHOP THE LIONS CATALOG FOR SUPPLIES, APPAREL, AWARDS, AND ANYTHING ELSE.

A LINK TO THE LCI CATALOG IS BELOW:

<https://lionsclubsinternational.myshopify.com/>

MOST CABINET MEMBERS ARE MORE THAN WILLING TO VISIT YOUR CLUB AND SHARE INFORMATION. CONTACT THEM TO VISIT ONE OF YOUR MEETINGS AND LEARN MORE ABOUT WHAT LIONS DO.



PICTURES AND EVENTS FROM AROUND 5M11

BARNESVILLE LIONS



Above: Lions Vern Barker and Ken Bauer, representing members of the Barnesville Lions, pose with the D.A.R.E. Lion. The Barnesville Lions contributed \$2,000 to fund this year's DARE Program.

GIVING HEARTS DAY BREAKFAST

The Barnesville Lions managed a pancake and sausage feed at the Barnesville Community Center as a precursor to Giving Hearts Day.



The Lions Breakfast Crew in front of the Giving Hearts Day Sign, L to R: Jim Hegewald, Clay Danielson, Chris Seifert, Mike Quiggle, Ken Bauer, Kevin Morlan, Vern Barker, Jay Nord (Missing, Dennis Carlblom & Dave Cote)



Above: Lions Dave Cote & Mike Quiggle at the window



Flipping pancakes is Lion Chris Seifert while Lion Dave Hanson is, once again, making sausages



Right: Officer Jesse Atterberry, who conducts the class, poses with the 6th grade D.A.R.E. class at their graduation.

LEADER DOG

The following photographs show Lion Ken Bauer, District 5M11 Leader Dog Chairperson, giving members of various clubs a miniature brick, the original brick being laid in the "Walk of Fame" at the Leader Dog home office in Rochester Hills Michigan. The miniature brick's message shows support for the Leader Dog Mission and reflects the various clubs' financial support for this life changing 501C3.



Lion Kevin Morlan is shown getting the pancake batter prepared for Lion Chris Seifert while Lion Clay Danielson is getting the sausages ready for Lion Dave Hanson to fry.



Above: Lion Dorothy Roof of the Fertile Club receives the miniature brick from Lion Ken Bauer while Lion Ken holds a photo of a future leader dog lying on the "Walk of Fame."



The entire Lions breakfast crew stands in front of the Barnesville Lions flag, L to R: Ken Bauer, Jim Hegewald, Dennis Carlblom, Dave Hanson, Jay Nord, Chris Seifert, Kevin Morlan, Clay Danielson, Vern Barker (kneeling), Mike Quiggle.



Above: Shown receiving a miniature brick at the Midwinter are the Sabin Lions, L to R: Adam Jenstead, Pat Anderson, LaRae Tucker (holding the miniature brick), Chad Byram, Katie Damn, Todd Grow, Doyne Grow, Amanda Magg, LD Chair Ken Bauer, and Jim Aasness



Lion Kevin Morlan is seen giving a \$500.00 check to Parent Teacher Organization President Jen Pickett. The money will be used to offset expenses of sending the 6th grade on a field trip to St. Paul. The Barnesville Lions continue to exemplify the International Lions motto of, "We Serve."



Shown receiving two miniature bricks at the Midwinter Convention from Leader Dog Chair Ken Bauer are Grygla Lions Wayne Worne (holding a miniature brick), Noel Clements (holding a photo of the "Walk of Fame"), and Lon England (holding a miniature brick).

MORE LEADER DOG



Lion Ken Bauer, Chairperson of Leader Dogs for the District is shown giving a miniature Leader Dog brick to the following Red Lake Falls Lions, L to R: PDG (2X) Lion Allen Bertilrud, holding the miniature brick, PDG Kevin Reich holding a photo of the "Walk of Fame," Donna Rystad, and Patty Purath.



Members of the Dilworth Lions Club receive a Leader Dog Miniature brick reflecting their financial support for this life changing 501C3. L to R: Ken Bauer, Leader Dog Chair, Brent Kangas, Jason Halvarson, Dave Hubbard (holding the miniature brick which says "Dilworth, MN Lions Supports the Leader Dog Mission for the Visually Impaired and has fun doing so--2025"), Dave Hubbard, Brian Norberg, Newsletter Chair for the District, and Allen Skabo.



THIEF RIVER FALLS LIONESS LIONS

Thief River Falls Lioness Lions Support Local Students Through Prowler Locker Donations

The Thief River Falls Lioness Lions Club recently donated \$500 each to the Franklin Middle School Prowler Locker and the Challenger Elementary School Prowler Locker Program.

Prowler Locker is the Thief River Falls School District's initiative to ensure students have access to essential daily needs. A key part of this effort provides students with food they can take home for the weekend—items that require no cooking, refrigeration, or special preparation, making them accessible and safe for all students.

These donations will help stock the Prowler Locker shelves with nutritious, ready-to-eat options that support student well-being beyond the school day. The Lioness Lions are proud to partner with TRF Schools in strengthening the health and stability of local children.



L-R: Thief River Falls Lioness Edie Brandli, Challenger Elementary School Principal Patrick Marolt, and Thief River Falls Lioness Janice Jauhola



L-R: Franklin Middle School Principal Josh Watne, Thief River Falls Lioness Janice Jauhola, Pantry Coordinator Jackie Kuznia, and Thief River Falls Lioness Edie Brandli



Leadership Award



Lion Bonnie Popowich (L) Winnipeg West Lions

Lion Bonnie has worked tirelessly as a Director for KidSight in 5M11. She has been a leader in recruiting other Lions to support this wonderful project. Lion Bonnie has given so much of her time in making this project front and centre with the help of her volunteers. She shared in the joy when they are able to help one child by finding an anomaly in their screening and advising follow up with the family's optometrist. Many children have benefited from the project. Lion Bonnie continues to support KidSight each and everyday to the best of her ability. Lion Bonnie has been a great Leader in getting this project going and that it is still continuing to date.



The Thief River Falls Lioness Lions Club assembled and delivered Valentine treats to the residents of Oakland Park Nursing Home. Pictured with two of the seated residents are Lions Marlene Lund and Margie Miller.

DGF LEOS

The DGF LEOS recently held a recruiting night at Sunset Lanes (Mhd) with the help of the Dilworth Lions. Pizza, pop & arcade games were part of the evening.



Dilworth Lions Darrell Vasvick & Kris Benlioglu with potential DGF LEOS.



A group of Dilworth Lions pictured at A Place for Hope Food Bank in Moorhead. Dilworth Lions and Dilworth Loco Lions log 500-750 volunteer hours every month. The food bank serves over 1000 families in a typical month.





Dilworth Lions

Italian Dinner

Take-Out Event

March 28th, 2026



Dilworth Lions
Italian Dinner Take-Out Event
March 28th, 2026 4:00 - 7 PM
St. Elizabeth Church in Dilworth
(for take-out ONLY)

Single Dinner Includes: Lasagna, 2 stuffed shells, 2 meatballs, and 2 italian sausage chunks.

Family Diner has 4x each item mentioned above, packaged together.

All food is served warm!



Item Cost Quantity

Single Dinner: _____ \$20

Family Dinner: _____ \$75

1/2 Pan Lasagna: _____ \$55

1/2 Pan Stuffed Shells: _____ \$55

Meatballs & Sauce: _____ \$25

Italian Sausage Chunks & Sauce: _____ \$20



All food orders must be submitted by
March 20th, 2026

Tickets available at
Mills Lounge & Sunset Lanes or online at





17th ANNUAL LIONS BOWLING TOURNAMENT

MARCH 7, 2026

8:45-9:15 am Check in (Team Captain only please)
Shift starts at 9:30 am
SUNSET LANES, MOORHEAD

Bowlers must be at least 18 years of age to participate in any drawings requiring a ticket or playing card purchase.



BOWLING FORMAT

- Game 1 - Moonlight style colored pins bowling
- Game 2 - 9 Pin No-Tap (9 pins down on the first ball = strike)
- Game 3 - Scotch Doubles (Bowlers pair up - alternate turns bowling)

Every Bowler is entered into our Participation Drawings.

Come and Join the Fun!!!
Many Silent Auction Items Available To Bid On Along With Drawings For Some Awesome Prizes!!

A portion of the proceeds will benefit Moorhead Lions Scholarship Fund, Lions Leader Dog for the Blind, Circle of Life Academy and other local charity organizations.

Donations for the Silent Auction and/or Participation drawings and/or "Bowling A Strike" Prizes are always appreciated!!
Contact Sandra 701-371-0129 by Tuesday, March 3rd if you or a business are interested and able to donate.

LANE SPONSORS NEEDED
You or your business could sponsor a lane for \$100.00.

REGISTRATION FORM

Limited to the first 24 paid entries - Don't Delay - Reserve your Team Spot
Deadline - **Entry Form and check needs to be Postmarked by Tuesday, March 3rd.**

Questions please call/text Sandra - 701-371-0129 designerinmn@msn.com - Subject BOWLING

YES Team Name: _____

YES Lane or Game Sponsor Name _____

Contact Person's Name _____

Mailing Address: _____

City/ST _____ Zip _____

Phone: _____

Email address: _____

Bowler #1: _____ Bowler #3: _____

Bowler #2: _____ Bowler #4: _____

LANE OR GAME SPONSOR
please attach or email a business card / logo
LANE(S) (Silver Sponsor) will have the business name and logo prominently displayed on our sign board at the main table, on the sponsored lane scoring counsel, on table tents and thank you materials.
Your name will be announced during the event.
GAME(S) (Gold Sponsor), in addition to the above, the Game Sponsor will have their name announced several times during the sponsored game and be included on our social media site / pages.
A Sponsor can choose to sponsor both or multiples of.

OFFICE USE ONLY	
Team	\$100.00 per team _____
Lane Sponsor	\$100.00 per lane _____
Game Sponsor	\$500.00 per game _____
TOTAL _____	

Mail your entry form along with payment to:
Moorhead Lions Club, 21215 Dovre Road, Detroit Lakes MN 56501

NORTHERN PRIDE LIONS FORUM

To strengthen leadership skills, membership, and service impact through learning, networking, and inspiration

MARCH 20-21, 2026

RADISSON HARBORVIEW, DULUTH

ALL LIONS ARE WELCOME

FRIDAY: WELCOME SOCIAL

SATURDAY: EDUCATIONAL SESSIONS

REGISTER HERE



SCAN HERE!





The Fetching Ball

A hint of spring, a touch of wonder. Join us at Radisson Blu Mall of America on Saturday, April 11, for the Fetching Ball Gala—an evening celebrating the amazing teams of Can Do Canines.

Enjoy dinner, games, and silent and live auctions – all benefitting the organization.

• Tickets go on sale February 5, 2026 •

Master of Ceremonies

Lauren Leamanczyk
KARE 11 Anchor

For event information, please contact Melissa Herman
at mherman@candocanines.org.



Lions
KidSight

Greetings fellow Lions of MD5M,

I wanted to update you on the KidSight program across the Multiple.

We have 25 dedicated Directors across our 12 Multiple Districts who are actively screening children in all venues from preschools and daycares to public and private schools. Although our primary focus has been children 6 months to 6 years where issues of amblyopia (lazy eye) can be more easily treated, we also find value in screening older children through their senior year in high school.

In the second quarter of our Lions year, 10-1 to 12-31 of 2025, 44,467 children have been screened and 6,100 have been referred for professional care. These numbers may be greater, they represent the numbers provided to me. We are so excited to see the continued growth of this program. Your Club should be contacted by one of the Directors in your MD to present at a Club meeting, if you have not, I will provide a link to the Directors by MD and feel free to contact them to arrange a visit.

Our Foundation recently replaced 21 of our screening instruments that no longer have support from the manufacturer. This was done through funds from our Foundation and a matching grant from LCIF. Your generous support of the Foundation allows us to continue to promote KidSight and provide this valuable service to our children. Please continue to include the KidSight Foundation in your parade of green donations.

Thank you Lions of MD5M for your continued support of KidSight and feel free to contact me with any questions regarding the program.

To find the KidSight Director in your MD, visit:

kidsightmd5m.org and look under the “Where we screen” section where the contact information for all Directors can be found.

In Service,

Lion Dr. Jim Molde

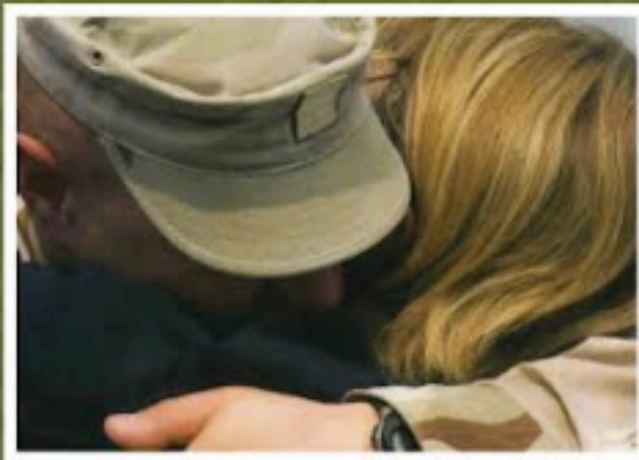
Chair, MD5M Lions KidSight Foundation



PROJECT NEW HOPE



Military Family Retreats
at no cost to Veterans



"At Project New Hope, we are driven by our mission - to provide education, training and skills necessary to manage their lives after wartime service."



FOR MORE INFORMATION GO TO
WWW.PROJECTNEWHOPE.NET OR SCAN THIS CODE:



2025-2026 MINNESOTA RETREATS

- 2025 OCTOBER 3-5**
Good Earth Village - Spring Valley, MN
- 2025 DECEMBER 5-7**
Faith Haven Camp near Battle Lake, MN
- 2026 MAY 1-3**
Camp Shetek near Slayton, MN
- 2026 JUNE 5-7**
Osprey Wilds near Sandstone, MN

2026 MD5M Convention

April 24-26, 2026

Minnetonka Beach Party

Sheraton Minneapolis West Hotel

12201 Ridgedale Drive

Minnetonka, Minnesota 55305

Hosted by District 5M-5



Sign up today and save!

First 150 Receive a Free souvenir Beach Ball with early sign up.

Cost May 1, 2025 thru
December 31, 2025
\$185 US - \$266 CDN

Cost January 1, 2026 thru
March 31, 2026
\$195 US - \$280 CDN

The District Governor

Visitation form has been uploaded to the District Website and can be found here (under "Forms"):

<https://www.lionsdistrict5m11.org/resourcecenter>

WEDNESDAY IS "LIONS CLUB DAY"

Have you remembered to wear a LIONS hat, shirt, pin, etc. on Wednesdays? Last year, the District Cabinet designated Wednesdays as Lions Club day at an early cabinet meeting.

Let people know you're a LION by wearing something with a Lions Club logo and - as

always - wear your club shirt or vest at any and all LIONS Club events! Let people know WE actively SERVE!



MULTIPLE DISTRICT NEWSLETTER

The MD5M newsletter is available on the MD5M website under Resources and newsletters.

lionsmd5m.org

Why do I see the same few clubs in the newsletter each time and I never see anything from my club or Zone in here?

The answer is that no one submitted anything to be published in the newsletter!

Submit pictures, articles, etc. to:

lions5m11news@gmail.com

The District newsletter is published bi-monthly.

The next one is due out at the end of April or early May.

5M11 LIONS



We Serve

Steps on how to make the World a better place:

1. Join a Lions Club.
2. Stay in Lions Club.
3. Get others to join Lions Club.

